

No. SVEC/NSS-ME/JULY-2022-23

23.07.2022

Awareness Programme on "Happy Healthy parents make Happy Healthy Children"	
Organising unit/agency/collaborating agency	NSS UNIT & Dept. of Mechanical Engineering of Sree Vidyanikethan Engineering College.
No of Students/volunteers Participated	10
No of Faculty Coordinators involved	15
Name of the Scheme	NSS
Date	23.07.2022
Venue	Campus

Description with working pictures/evidences:

National Service Scheme (NSS) is an educational program with primary focus on the development of personality of students through community service. The NSS Unit of Ten students and Fifteen Faculty members group from Department of Mechanical Engineering, Sree Vidyanikethan Engineering College, A. Rangampet are participated in the event.

The awareness campaign on Awareness Programme on "Happy Healthy parents make Happy Healthy Children" in a contributing manner to the society. Event details are furnished below.

Objective:

The awareness campaign on "**Happy Healthy parents make Happy Healthy Children**" at inside campus to students and Faculty members.

Focus:

In today's complex and fast-paced world many parents are stressing and struggling with raising happy and healthy children. After two years of crazy coronavirus conditions dealing with a fear focus and negative news, parents are finding it even more challenging to raise their children due to the strain, stress, and struggles they are facing.

The Initiatives and Programmes:

Doctor's team from Sri Venkateshwara Institute of Cancer Care & Advanced Research (SVICCAR) visited the campus and gave talk on health, hygiene and food habits to be followed. Delivered a talk related to discover how to be happy and healthy parents and raise happy and healthy children. Education, information, and inspiration about raising happy and healthy children are easy to find and do and sometimes not so easy to do depending on your resources, resourcefulness, and role models. Being a happy and healthy parent is the first step to raising happy and healthy children. The goal of this blog is to share some education and information to help make better decisions by avoiding unhealthy choices and implementing happy and healthy habits. As a happy and healthy parent of three amazing adult children and five grandchildren, my experience may be helpful for other parents and grandparents.



A group photo of Doctor's team with Faculty and NSS volunteers.



A group photo of Doctor's team with NSS Program officer.

Program Coordinators:

Dr. P. Prakash *Dr. P. Prakash*

Mr. G. Kuladeep *Mr. G. Kuladeep*

Mrs. K. Lakshmi Kala *Mrs. K. Lakshmi Kala*

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