

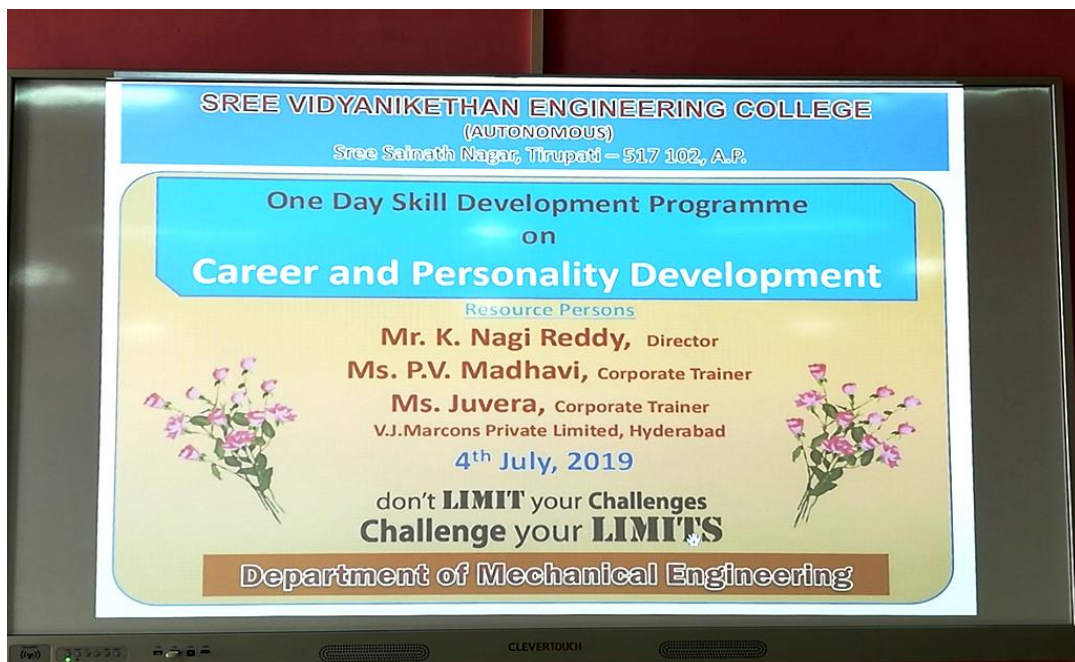
## **Department of Mechanical Engineering**

### **One Day Skill Development Program on "CAREER & PERSONALITY DEVELOPMENT"**

**4<sup>th</sup> July, 2019**

A One Day Skill development program on "**Career and Personality Development**" was organized to the students of II B.Tech Semester (Mechanical Engineering) on 4<sup>th</sup> July, 2019. About 120 students participated in the event and got insights for career and personality development. Dr. R. SatyaMeher, Professor and Mr. G. Dileep Kumar, Assistant Professor coordinated the event.

The resource persons were Mr. K. Nagi Reddy, Director, VJ Marcons Pvt. Ltd., Hyderabad and the Corporate Trainers Ms. P.V. Madhavi and Ms. Juvera, VJ Marcons Pvt. Ltd., Hyderabad.



The event was organized as per the following schedule:

<b>Time</b>	<b>Resource Person</b>	<b>Topic Discussed</b>
10.30 AM to 11 AM	Mr. K. Nagi Reddy, Director, VJ Marcons Pvt. Ltd., Hyderabad	Career Development Skills
11 AM to 12.00 Noon	Ms. P.V. Madhavi, Corporate Trainer, VJ Marcons Pvt. Ltd., Hyderabad	Self Confidence
12.00 Noon to 1.00 PM	Ms. Juvera, Corporate Trainer, VJ Marcons Pvt. Ltd., Hyderabad	Happiness - A key to Success
2.30 PM to 4:30 PM	Mr. K. Nagi Reddy, Director, VJ Marcons Pvt. Ltd., Hyderabad	The Change Setter



**Dr.K.C.Varaprasad, Professor & Head introducing the Resource Person**



### **Felicitation to Mr.K.Nagi Reddy, Director, VJ Marcons Pvt. Ltd., Hyderabad**

In the sessions on **"Career Development Skills"** and **"The Change Setter"**, Mr. K. Nagi Reddy stated that "Planning is the panacea for growth". Men, Money, Materials, Machines and Methods should be planned and used effectively for the development of overall organization. Awareness precedes change and is required to know about all the dimensions of the activity one is willing to take up. When struggle becomes the habit, excellence is your attitude. Struggles are very much essential in life, which when fought with gives a success. Struggle is a part of Human Design Engineering. He discussed the concepts through stories, activities and interaction with the students.

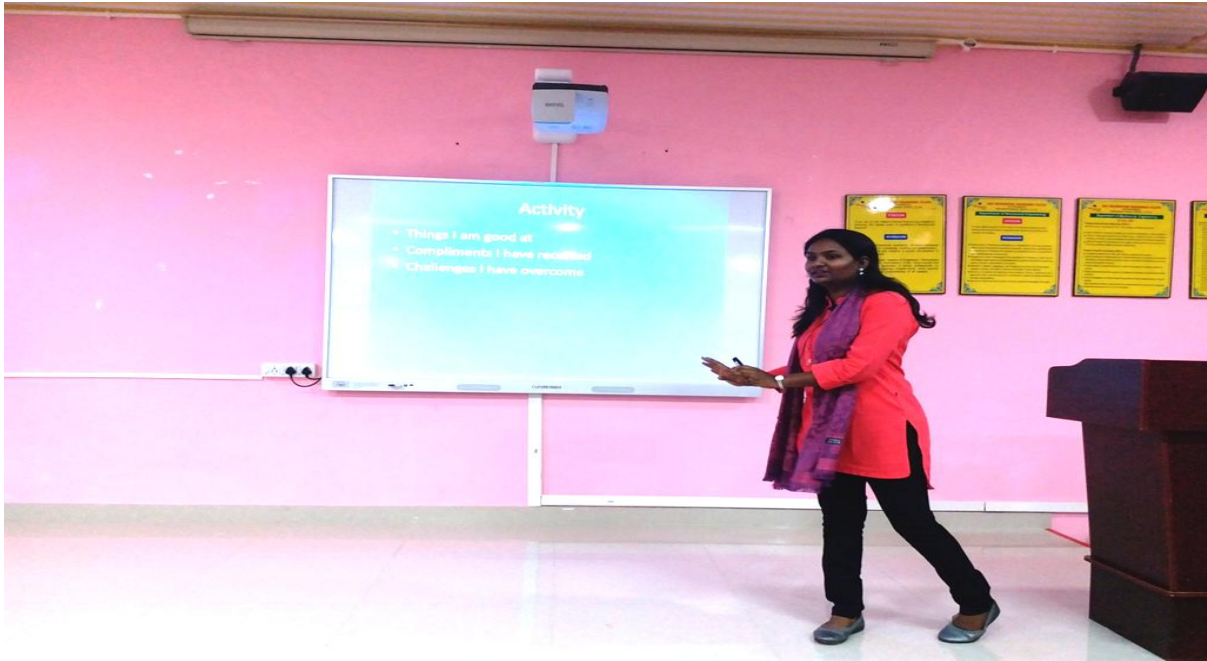
Mr. Nagi Reddy stated that, for every person or organization,  $V + C = P$  i.e. Visibility + Credibility = Profitability. Also behavior is a function of passion and environment. Behavioral skills are very much necessary to withstand in this competitive world. He quoted that "Success is where preparation and Opportunity meet". To get success he stated that GAINS (Goals, Accomplishments, Interests, Networks and Skills) is required. If all these five are imbibed, everyone will have the prowess to build a better empowering commune.



**Mr. K. Nagi Reddy delivering the lecture on career development skills**

In the session on "Self Confidence", Ms. P.V. Madhavi, Corporate Trainer emphasized that confidence in one's abilities generally enhances motivation, making it a valuable asset for individuals with imperfect willpower. This demand for self-serving beliefs must be weighed against the risks of overconfidence. While "positive thinking" can improve welfare, it can also be self-defeating. Participants explored the need for the self-esteem, self-confidence and self-awareness in their own work. She stressed that driving out procrastination, complacency and fear is most important to build self confidence. Once self image was built, it leads to self esteem and this is the driving force for self confidence. Few activities conducted by the resource persons to demonstrate the importance of self confidence and related skills. She empowered the students by discussing the success stories from various walks of life.





**Ms.P.V. Madhavi, Corporate Trainer empowering the students**



**Students interacting with the resource persons**

In the session on **"Happiness - A key to success"**, Ms. Juvera, Corporate Trainer stressed that it is most essential to avoid distractions and work with absolute focus. Converging energy into a single point is vital to harness the power of a focused mind and achieve unparalleled outcomes. The traditional model of success is just wrong. While we are used to thinking that once we were successful—at work, at home, at life—then we would be happy; but, in fact, the opposite is true. Happiness comes before success. Happy people

are more successful. Happy people are more likely to ace job interviews, and secure better jobs. They are evaluated more positively by superiors on a job, show higher performance and productivity, and handle managerial position jobs better. A happy environment leads to strengthening of the culture of innovation. Happiness at workplace nurtures a sense of ownership, and employees feel that they are integral part of the organization. Happier people nurture higher self-esteem, and communicate more effectively.



**Mr. K. Nagi Reddy & Ms. Juvera enlightening the students**



Vote of thanks to the resource persons by Dr. R. SatyaMeher, Professor

130 students of II B.Tech (Mechanical Engineering) got enriched by the interaction with the resource persons. Their knowledge and experience were helpful in improving the interpersonal skills of the students. The skill development program may boost the confidence of the students, paving way for their career and personality development.